

## MONTHLY MENU

### BREAKFAST

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
Waffles & Bacon Served with Syrup	Cheese Omelettes Served with Toast	French Toast & Bacon Served with Syrup	Scrambled Eggs & Ham Served with Toast	Pancakes & Sausage Served with Syrup

Variety of Cold Cereals & Poptarts Available Everyday  
All Hot Breakfasts include Juice and/or Milk

### WEEKLY LUNCH MENUS

All lunches are served with milk or water

#### Jan 23 - 27

Lunch Menu 1

##### **Macaroni & Cheese**

Green Beans & Peaches ..... Monday

##### **Chicken Nuggets**

Carrots & Pears ..... Tuesday

##### **Pizza**

Mix Vegetables & Apple Sauce ..... Wednesday

##### **Country Fried Steak**

Mashed Potatoes & Pineapple ... Thursday

##### **Grilled Turkey Sandwiches**

Potatoes Chips & Mixed Fruit ..... Friday

#### Jan 30 - Feb 3

Lunch Menu 2

##### **Breakfast for Lunch**

Pancakes & Sausages & Peaches.... Monday

##### **Chicken Nuggets**

Mashed Potatoes & Pear ..... Tuesday

##### **Beef-a-Roni**

Peas & Apple Sauce ..... Wednesday

##### **Fish Sticks**

Rice & Pineapple ..... Thursday

##### **Grilled Cheese Sandwiches**

Potatoes Chips & Mixed Fruit ..... Friday

#### Feb 6 - 10

Lunch Menu 3

##### **Chicken Nuggets**

Green Beans & Peaches ..... Monday

##### **Macaroni & Cheese**

Peas & Pineapple ..... Tuesday

##### **Garden Burger**

Tator Tots & Pear ..... Wednesday

##### **Meat Balls with Rice**

Mix Vegetables & Pineapple .... Thursday

##### **Grilled Cheese Sandwiches**

Potatoes Chips & Mixed Fruit ... Friday

#### Feb 13 - 17

Lunch Menu 4

##### **Ham and Rice**

Peas & Pears ..... Monday

##### **Quesadilla**

Corn & Apple Sauce ..... Tuesday

##### **Pizza**

Green Beans & Pineapple ..... Wednesday

##### **Country Fried Steak**

Rice & Peaches ..... Thursday

##### **Turkey Bologna Sandwiches**

Potatoes Chips and Mixed Fruit ... Friday

### MORNING & AFTERNOON SNACKS

All snacks are served with juice or water

Lunch Menu 1 & 3

Crackers & Cheese/Ritz (\*Cheerios\*)..... Monday

Cereal/Animal Crackers (\*Yogurt\*) ..... Tuesday

Cinnamon Sticks/Jello (\*Animal Crackers\*)...Wednesday

Gold Fish/Vanilla Wafers (\*Mixed Fruit\*).....Thursday

Animal/Pudding (\*Cheerios\*) ..... Friday

Lunch Menu 2 & 4

Cereal/Animal Crackers (\*Cheerios\*)..... Monday

Cheez-It/Pudding(\*Ritz\*)..... Tuesday

Yogurt/Ritz Crackers (\*Jello\*) ..... Wednesday

Gold Fish/Jello (\*Mixed Fruit\*) ..... Thursday

Crackers & Cheese/Vanilla Wafers (\*Yogurt\*). Friday

(\* Extra for Toddlers \*)